

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cereal & Milk	2 Protein Balls w/ Choc. <u>Milk</u> Applesauce w/ Cheese & Crackers	3 Applesauce w/ Cheese & Crackers Protein Balls w/ Choc. Milk	4 Quesadillas	5 Banana Smoothies
8 Granola Bars w/ Choc. Milk & Cantaloupe	9 Oatmeal w/ Milk	10 Yogurt w/ Seeds	11 Veggies, Crackers & Dip	12 Bagels w/ Cream Cheese
15 Cereal & Milk	16 Granola Bars w/ Milk & Grapes	17 Rice Cakes w/ Yogurt & Strawberries	18 Samosas w/ Chutney	19 <u>Fruit Salad</u>
22 Holiday	23 Granola Bars & Apples	24 Tostadas	25 Blueberry Muffins w/Choc. Milk	26 Chia Seed Pudding
29 Cereal & Milk	30 Berry Blaster Smoothie	31 Oatmeal Cookies w/ Milk		

*All menus are subject to change without notice **Youngest on Top, Oldest on Bottom