

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Rice Soup	2 Bran Muffins w/ Milk
5 Nutrigrain Bars w/ Pears	6 Yogurt Parfait	7 Apples & Choc. Milk	8 Nachos	9 Bagels w/ Cream Cheese & Strawberries
12 Granola Bars, Milk & Pears	13 Guacamole Dip w/ Chips	14 Stir Fry	15 Samosas w/ Chutney	16 Smoothies
19 Cereal & Milk	20 <u>Waffles w/ Choc. Milk</u> Yogurt w/ Seeds	21 No School Aboriginal Day	22 <u>Yogurt w/ Seeds</u> Waffles w/ Choc. Milk	23 Quesadillas
26 Cereal & Milk	27 Chicken Caesar Pita	28 Tostadas	29 Baguette w/ Yogurt	30 Oatmeal Cookies w/ Apples & Choc. Milk

\*All menus are subject to change without notice \*\*Youngest on Top, Oldest on Bottom