

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Fruit Stew w/ <u>Dumplings</u> Carrot Muffins	2 Chicken Caesar Pita <u>Wraps</u> Tarragon Dressing Salad	3 P.D. Day
6 Cereal & Milk	7 Tarragon Dressing <u>Salad</u> Chicken Caesar Pita Wraps	8 Parfait	9 <u>Tostadas</u> Vitamin C Smoothie	10 <u>Vitamin C Smoothie</u> Tostadas
13 Cereal & Milk	14 <u>Samosas</u> Ham Wraps	15 <u>Ham Wraps</u> Samosas	16 <u>Matcha Latte Smoothie</u> Waffles	17 <u>Waffles</u> Matcha Latte Smoothie
20 Holiday	21 <u>Carrot Ginger Soup</u> Red River Cereal w/ cranberries	22 Red River Cereal w/ <u>Berries</u> Carrot Ginger Soup	23 Tapenade w/ Crusty <u>Bread</u> Chia Seed Pudding	24 <u>Chia Seed Pudding</u> Tapenade w/ Crusty Bread
27 Cereal & Milk	28 <u>Wild Rice Casserole</u> Toast w/ Fruit & Milk			

*All menus are subject to change without notice **Youngest on Top, Oldest on Bottom